



B.V. Patel Institute of Management

Uka Tarsadia University



Date: 07-04-2023

One Day Training Session on “Capacity Building and Personality Development”

Date	07-04-2023
Time	09:30 am to 03:30 pm
Venue	J. D. Hall
Number of Students	80+ students of FYBBA
Speakers	Mrs. Vanita Rawat, Dr. Mehul G. Thakkar, Dr. Sapan Naik & Dr. Rekha Mukherjee
Coordinator	Dr. Trishna Shah and Mr. Zaki Shaikh
Category	Management Club

The Humanities Department hosted a one-day training session on "Capacity Building and Personality Development" for female graduate and postgraduate students of any age (both from within and outside of UTU), and several first-year BBA students attended.

Mrs. Vanita Rawat, NLP Practitioner, Motivator, and Women Technopreneur, was introduced as the Expert and led off the first session of the program. Mrs. Arpita Vyas introduced the speakers. The session ran from 9:30 a.m. until 11:00 a.m. The session was led by the Expert, who discussed the significance of software programs.

Dr. Mehul G. Thakkar, Renowned Academician, Trainer, and Motivator, was introduced as the Expert for the afternoon session of the workshop. Dr. Anuradha Pathak provided the introduction. From 11 a.m. until 12:30 p.m. was the scheduled time for the meeting. The Expert led the workshop on Professional Career Skills, specifically Interview Techniques. The proper and improper ways to answer interview questions.

The Digital and IT Expert, Dr. Sapan Naik, was introduced to kick off the third and final workshop session. Yagna Vyas, PhD, provided the introduction. The session took place from

12:30 p.m. to 1:30 p.m. The Instructor led the discussion on Social Media Efficiency and Digital Literacy.

Dr. Rekha Mukherjee, Associate Professor and Head of the English Department at RG Science College, was introduced as the Expert for the afternoon's fourth workshop session. Mrs. Palak Desai introduced the group. This meeting was scheduled for 2:30 pm to 3:30 pm. The Expert led a workshop on active listening, group brainstorming, and stress reduction.

Participants were given certificates after the workshop.

